## **Praise from the heart - personal praise exercise**

## A vocabulary of praise

You are God You are the Lord You are my Saviour You are my Redeemer You are the Messiah You are the King of kings You are the Lord of lords You are Emmanuel You are the Great I AM You are the Prince of Peace You are the Lamb of God You are the Bread of Life You are Alpha and Omega You are the Beginning and the End You are my Source and Destiny You are the Son of God You are the Son of Man You are the fulfillment of my desires You are my everything You are my hope You are my refuge You are my protection

You are holy You are Mighty You are worthy You are eternal You are so good to me You are awesome You made me out of love You made me in your own image And likeness You called me to Yourself You keep me from stumbling You forgave my sins You died for me on the Cross You laid down your life for me You covered me with Your Blood You made me a child of the Father You prepared a place for me in heaven You walk with me everyday You poured down Your Spirit upon me You feed me with Your Body and Blood

Come Holy Spirit Come into my heart I will listen I will follow You Hove You Lord I need You Lord I want You Lord Thank You Jesus I worship You Lord Be exalted Lord Be magnified Lord Be glorified Lord You are praiseworthy Lord I bow down before You Take up Your throne in me Lord Rule in me Lord Guide me Lord Lead me Lord Reveal Your Plan Lord Let Your glory fall Let Your Name be praised Let Your Name be known Let us celebrate Jesus

Come Lord Jesus

祢是天主 祢是主 祢是我的救主 祢是我的救贖 祢是默西亞 祢是萬王之王 祢是萬主之主 祢是厄瑪奴爾 祢是自有者 祢是和平之王 祢是除免世罪的天主羔羊 祢是生命之糧 祢是 Alpha 和 Omega 祢是原始和終結 祢是我的根源和終點 祢是天主子 祢是人子 祢是我一切渴望的完滿 祢是我的所有 祢是我的希望 祢是我的避難所 祢是我的保護

祢是至聖的 祢是強有力的 祢是堪當的 祢是永恆的 祢對我真好 祢真偉大 祢以愛創造了我 祢以祢的肖像造生了我 祢召叫了我 祢使我不至跌倒 祢寬恕了我的罪過 祢在十字架上為我而死 祢為我捨棄生命 祢以寶血淹蓋我 祢使我成為聖父的子女 祢在天堂預備了地方給我 祢每天與我同行 祢把聖神灌注在我心內 祢以聖體聖血養育我

主耶穌來吧 聖神來吧 來進入我的心 我會聆聽 我會跟隨祢 主,我愛祢 主, 我需要祢 主. 我喝求祢 耶穌, 多謝祢 主. 我朝拜祢 主,願祢被高舉 主, 願祢被頌揚 主, 願祢被光榮 主. 祢是堪當讚美的 我向祢府伏朝拜 主. 在我內為王吧 主宰我吧 主. 帶領我吧 主. 領導我吧 啟示祢的計劃吧 顯露祢的光榮吧 願祢的名受讚美 願祢的名傳遍大地 讓我們慶祝耶穌